

J & A RESTAURANT

BUSINESS HOURS

2201 11th Avenue, Regina, Sask, S4P 0J8 (Across from The Bay)

Monday - Sunday

☎: 306 - 757 - 2288

🕒 From 11:00 a.m to 9:00 p.m

1. 蟹肉魚肚羹.....(大) \$ 22.00.....(小) \$ 15.00	19. 釀茄子..... \$ 22.00
2. 海鮮豆腐羹.....(大) \$ 17.00.....(小) \$ 12.00	20. 四川蝦..... \$ 22.00
3. 酸辣湯.....(大) \$ 17.00.....(小) \$ 12.00	21. 釀豆腐..... \$ 20.00
4. 粉絲蝦丸煲..... \$ 22.00	22. 時菜蝦球..... \$ 22.00
5. 蝦丸豆腐煲..... \$ 22.00	23. 時菜魚片..... \$ 22.00
6. 斑腩豆腐煲..... \$ 19.00	24. 時菜墨魚..... \$ 19.00
7. 柱侯牛腩煲..... \$ 17.00	25. 西芹墨魚..... \$ 19.00
8. 八珍豆腐煲..... \$ 16.00	26. 北京雞..... \$ 17.00
9. 魚杏茄子煲..... \$ 16.00	27. 炸仔雞..... \$ 15.00
10. 蠔油牛肉煲..... \$ 17.00	28. 麻婆豆腐..... \$ 15.00
11. 咖喱牛腩煲..... \$ 17.00	29. 椒鹽豆腐..... \$ 14.00
12. 薑葱牛肉煲..... \$ 17.00	30. 蒜茸芥蘭..... \$ 14.00
13. 什菜粉絲煲..... \$ 15.00	31. 紅燒豆腐..... \$ 14.00
14. 干燒魚片..... \$ 22.00	32. 滑蛋蝦仁..... \$ 17.00
15. 油泡三鮮..... \$ 22.00	33. 京都肉排..... \$ 15.00
16. 椒鹽三鮮..... \$ 22.00	34. 椒鹽肉排..... \$ 15.00
17. 時菜三鮮..... \$ 22.00	35. 芥蘭牛肉..... \$ 17.00
18. 椒鹽焗中蝦..... \$ 22.00	36. 沙爹炒羊肉..... \$ 19.00

粥粉麵飯

37. 招牌炒河..... \$ 15.00	53. 三鮮炒麵..... \$ 16.00
38. 干炒牛河..... \$ 14.00	54. 蝦球炒麵..... \$ 16.00
39. 時菜牛河..... \$ 14.00	55. 招牌炒麵..... \$ 15.00
40. 豉汁牛河..... \$ 14.00	56. 雞絲炒麵..... \$ 13.50
41. 牛腩炒河..... \$ 14.00	57. 牛肉炒麵..... \$ 13.50
42. 沙爹羊肉河..... \$ 14.00	58. 上海粗炒..... \$ 13.50
43. 豉汁蝦炒河..... \$ 16.00	59. 星洲炒米..... \$ 13.50
44. 楊州炒飯..... \$ 12.00	60. 雙寶飯..... \$ 14.00
45. 牛腩飯..... \$ 13.00	61. 叉燒飯..... \$ 13.00
46. 豉汁牛肉飯..... \$ 13.00	62. 什會飯..... \$ 13.00
47. 咖喱牛腩飯..... \$ 13.00	63. 牛腩湯麵..... \$ 8.50
48. 豉汁牛肉飯..... \$ 13.00	64. 雲吞湯河..... \$ 8.50
小 大	65. 雲吞湯麵..... \$ 8.50
49. 皮蛋瘦肉粥..... \$ 7.50..... \$ 12.00	66. 牛腩湯河..... \$ 8.50
50. 魚片粥..... \$ 8.50..... \$ 14.00	67. 豬肉丸湯河..... \$ 8.50
51. 海鮮粥..... \$ 8.50..... \$ 14.00	68. 沙爹羊肉湯河..... \$ 13.50
52. 油條..... \$ 2.50	

火鍋 (TAPINLU)

為二 (for 2).....\$ 42.00

墨魚, 青口, 蝦, 牛肉, 肉丸
雞肉, 牛丸, 菜, 豆腐, 粉絲

為四 (for 4).....\$ 80.00

墨魚, 青口, 蝦, 牛肉, 肉丸, 雞肉
牛丸, 菜, 豆腐, 河粉, 圓枝竹

火鍋附加訂單 (Side orders for tapinlu)

A. 北極貝.....\$ 7.00 Arctic surf clams	H. 羊肉.....\$ 7.00 Lambs	O. 肉丸.....\$ 7.00 Meat balls
B. 墨魚.....\$ 7.00 Cuttlefish	I. 牛.....\$ 7.00 Beef	P. 圓枝竹.....\$ 5.00 Bean curd stick
C. 龍利柳.....\$ 7.00 Basa fish	K. 蝦丸.....\$ 7.00 Shrimp balls	Q. 菜.....\$ 5.00 Vegetable
D. 牛栢葉.....\$ 7.00 Beef Tripe	L. 青口.....\$ 7.00 Green Mussel	R. 豆腐.....\$ 5.00 Bean curd (tofu)
E. 蝦.....\$ 7.00 Shrimps	M. 雞肉.....\$ 7.00 Chicken	S. 河粉.....\$ 5.00 Rice noodle
F. 帶子.....\$ 7.00 Scallops	N. 牛丸.....\$ 7.00 Beef balls	T. 粉絲.....\$ 5.00 Vermicelli

Table N°:	 J&A Restaurant  : 306 757 2288	Total with Taxes 

Large Items (大): \$5.50 x numbers of orders

1	Shrimp noodle roll (steamed w/ soya sauce)	蝦腸
2	B.B.Q pork noodle roll (steamed w/ soya sauce)	叉燒腸
3	Beef noodle roll (steamed w/ soya sauce)	牛腸粉
4	Squids (deep fried)	炸鮮魷
5	Sticky rice (wrapped in lotus leaf)	糯米雞
6	Scallops (deep fried)	炸帶子
7	Sparerib white rice (steamed & black bean)	排骨飯
8	Honey garlic breaded pork	蒜子串豬
9	Steamed shrimp dumplings / Hargow	蝦餃
10	Crispy seafood wraps	海鮮腐皮卷
11	Salt & pepper ribs (deep fried)	椒鹽骨
12	Eggplants (stuffed with shrimp & black bean sauce)	釀茄子
13	Tofu (stuffed with shrimp & black bean sauce)	釀豆腐
14	Cream cheese (Deep fried)	炸芝士
15	Chinese broccoli oyster sauce (Gailan)	油菜
16	Singapore noodles (curry skinny noodle)	星洲炒米
17	Shrimp & vegie dumplings (steamed)	鮮蝦粉果
18	Deep fried shrimp dumplings (with mayo)	明蝦角
19	Salt & pepper wings (deep fried)	椒鹽雞翼
20	Satay meat balls	沙爹豬肉丸
21	Beef tripe (White with gingers)	牛栢葉
22	Beef stomach (Brown)	牛肚

Small items (小): \$4.50 x numbers of orders

23	Pork dumpling / Shumai (Steamed)	燒賣
24	Spareribs (Steamed with black bean sauce)	排骨
25	B.B.Q pork buns (Steamed)	叉燒包
26	Spring rolls (Vegetarians)	春卷
27	Chinese radish cakes (pan fried)	籮白糕
28	Ginger pork rolls (Steamed)	鮮竹卷
29	Chicken feet	鳳爪
30	Deep fried meat dumplings	咸水角
31	Sweet & Sour deep fried wontons	炸雲吞
32	Pan fried meat dumplings	鍋貼
33	Green bean cakes	綠豆糕
34	Sesame balls (red beans inside)	煎堆仔
35	Sponge cake (steamed)	馬拉糕
36	Beef spring rolls (deep fried)	牛肉春卷
37	Shanghai dumplings (pork, vegie, mushroom)	小籠包
38	Cream butter buns	奶黃包
39	Taro cakes (Pan fried)	芋頭糕-甜
40	Vietnamese spring rolls (Deep fried)	越南春卷
41	Beef ball with bean curb wrap	山竹牛肉
42	Coconut pineapple tarts	椰撻
43	Water chestnut cakes (Pan fried)	馬蹄糕
44	Cassava with green bean cake	木薯綠豆糕

Tea \$ 2.00	Vietnamese coffee \$ 3.50
Pop \$ 2.00	Bubble tea \$ 5.00

Side-orders / Special requests / Allergies. Please write it below



#1. Shrimp noodle roll
蝦腸



#7. Sparerib with white rice
排骨飯



#13. Tofu
釀豆腐 (3 pcs)



#19. Salt & pepper wings
椒鹽雞翼 (6 pcs)



#2. B.B.Q pork noodle roll
叉燒腸



#8. Honey garlic pork kabobs
蒜子串豬



#14. Cream cheese 炸芝士
(3 pcs)



#20. Satay meat balls
沙爹豬肉丸



#3. Beef noodle roll
牛腸粉



#9. Steamed shrimp dumplings
蝦餃 (4 pcs)



#15. Vegetable oyster sauce
油菜



#21. Beef tripe
牛栢葉



#4. Squids
炸鮮魷



#10. Crispy seafood wraps
海鮮腐皮卷 (3 pcs)



#16. Singapore noodle
星洲炒米



#22. Beef stomach
牛肚

#5. Sticky Rice
糯米雞
(1 order
1 piece)



#11. Salt & pepper ribs
椒鹽骨
(6 pcs)



#17. Shrimp & vegie dumplings
鮮蝦粉果
(3 pcs)



#6. Scallops
炸帶子 (6 pcs)



#12. Eggplants
釀茄子
(3 pcs)



#18. Deep fried shrimp dumplings
明蝦角
(4 pcs)



Photos shown for references only



#23. Pork dumplings
燒賣 (4 pcs)



#28. Ginger pork rolls
鮮竹卷 (3 pcs)



#33. Green bean cakes
綠豆糕 (3 pcs)

#38.
Cream
butter
buns
奶黃包
(2 pcs)



#24. Spareribs 排骨



#29. Chicken feet 鳳爪



#34. Sesame balls
煎堆仔 (3 pcs)



#39. Taro cakes 芋頭糕-
甜 (3 pcs)



#25. B.B.Q pork buns
叉燒包 (2 pcs)



#30. Deep fried meat
dumplings 咸水角 (3 pcs)



#35. Sponge cake
馬拉糕



#40. Vietnamese spring
rolls 越南春卷 (3 pcs)



#26. Spring rolls
春卷 (3 pcs)



#31. Sweet & Sour deep-fried
wontons 炸雲吞 (7 pcs)



#36. Beef spring rolls
牛肉春卷 (3 pcs)



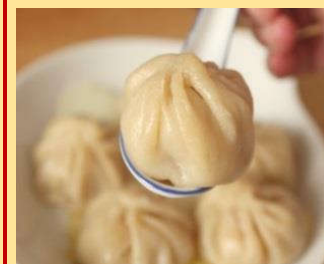
#41. Beef ball with bean
curb wrap 山竹牛肉



#27. Chinese radish
cakes 籮白糕 (3 pcs)



#32. Pan fried meat
dumplings 鍋貼 (3 pcs)



#37. Shanghai
dumplings 小籠包
(3 pcs)



#42. Coconut pineapple
tarts 椰撻 (3 pcs)

#43. Water chestnut
cakes 馬蹄糕 (3 pcs)



#44. Cassava/Yucca+Green bean
cakes 木薯綠豆糕 (4 pcs)

